

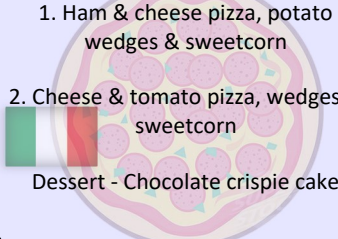
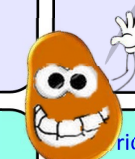


Lunch Menu - Autumn Term : First Half

	Monday 4 th September 2017 INSET Day	Tuesday 5 th September 2017 INSET Day	Wednesday 6 th September 2017	Thursday 7 th September 2017	Friday 28 th April 2017
WEEK 1			 <ul style="list-style-type: none"> 1. Ham & cheese pizza, potato wedges & sweetcorn 2. Cheese & tomato pizza, wedges & sweetcorn Dessert - Chocolate crispie cake	<ul style="list-style-type: none"> 1. Chicken curry & rice with mixed vegetables 2. Cheesy pasta with mixed vegetables Dessert - Strawberry mousse	<ul style="list-style-type: none"> 1. Tuna puffs ½ jacket potato & a selection of salad 2. Tomato & quorn filled jacket potato Dessert - Apricot flapjack
WEEK 2	<ul style="list-style-type: none"> 1. Pork & apple hotpot with cauliflower & carrots 2. Quorn hotpot with cauliflower & carrots Dessert - Oaty apple crumble custard	<ul style="list-style-type: none"> 1. Pasta carbonara with broccoli 2. Tomato pasta bake with broccoli Dessert - Chocolate crunch	<ul style="list-style-type: none"> 1. Roast beef, yorkshire pudding & seasonal vegetables 2. Quorn fillet, yorkshire pudding & seasonal vegetables Dessert - Yogurt with fruit coulis	<ul style="list-style-type: none"> 1. Sausages, mashed potato, gravy & mixed vegetables 2. Quorn Sausages, mashed potato, gravy & mixed vegetables Dessert - Rice pudding & jam	<ul style="list-style-type: none"> 1. Fish fingers, chips & peas 2. Cheese & red onion tartlet, chips & peas Dessert - Carrot cake
WEEK 3	<ul style="list-style-type: none"> 1. Savoury mince, mashed potato & cabbage 2. Quorn mince, mashed potato & cabbage Dessert - Choice of fruit	<ul style="list-style-type: none"> 1. Sausage plait, mini potatoes & baked beans 2. Vegetable plait, mini potatoes & baked beans Dessert - Treacle sponge custard	<ul style="list-style-type: none"> 1. Roast chicken, roast potatoes & vegetables 2. Vegetable loaf, roast potatoes & vegetables Dessert - Toffee Mousse	<ul style="list-style-type: none"> 1. Meatballs with pesto pasta & green beans 2. Quorn meatballs with pesto pasta & green beans Dessert - Treacle sponge & custard	<ul style="list-style-type: none"> 1. Breaded haddock, herby potatoes & sweetcorn 2. Cauliflower & broccoli cheese with herby potatoes & sweetcorn Dessert - Fruity shortbread.
WEEK 4	<ul style="list-style-type: none"> 1. Hot dogs, potato wedges & spaghetti hoops 2. Quorn dogs, potato wedges & spaghetti hoops Dessert - Sunshine bar	<ul style="list-style-type: none"> 1. Chicken & bacon pasta bake with sweetcorn 2. Quorn pasta bake with sweetcorn Dessert - Sticky toffee pudding	<ul style="list-style-type: none"> 1. Roast pork, roast potatoes & vegetables 2. Quorn fillet, roast potatoes & vegetables Dessert - Raspberry ripple mousse	<ul style="list-style-type: none"> 1. Lasagne, garlic bread & mixed vegetables 2. Vegetarian lasagne, garlic bread & mixed vegetables Dessert - Fruit jelly	<ul style="list-style-type: none"> 1. Battered cod, chips & peas 2. Cheese & tomato jacket potato with peas. Dessert - Ice - cream with fruit sauce



Roast

Roast

Roast



Mrs Barnes
By Leo - Class 1



WEEK 4

Monday 16th October 2017
 1. Homemade sausage roll with chips & baked beans
 2. Quorn sausage roll with chips & baked beans
 Dessert - Pear & raspberry crumble with custard

Tuesday 17th October 2017
 1. Baked pasta bolognese with peas
 2. Vegetarian pasta bolognese with peas
 Dessert - Choice of fresh fruit

Wednesday 18th October 2017
 1. Pork loin chop, roast potatoes & vegetables
 2. Quorn fillet, roast potatoes & vegetables
 Dessert - Lemon drizzle cake

Thursday 19th October 2017
 1. Beef stew & dumplings with green beans.
 2. Vegetable stew & dumplings with green beans.
 Dessert - Chocolate mousse.

Friday 20th October 2017
 1. Poached fish with cheese sauce, jacket potato & broccoli
 2. Leek & cheese jacket potato & broccoli
 Dessert - Jammy cupcakes

WEEK 6

Monday 9th October 2017
 1. Ham & cheese turnovers with saute potatoes & sweetcorn
 2. Cheese & spring onion turnovers with saute potatoes & sweetcorn
 Dessert - Choice of fruit

Tuesday 10th October 2017
 1. Sausages chips & baked beans
 2. Quorn sausages, chips & baked beans
 Dessert - Chocolate brownie

Wednesday 11th October 2017
 1. Roast beef, roast potatoes & vegetables
 2. Vegetable loaf, roast potatoes & vegetables
 Dessert - Lemon tart

Thursday 12th October 2017
 1. Mild chilli cone carne with rice & broccoli
 2. Homemade vegetable soup & bread roll
 Dessert - Bread & butter pudding

Friday 13th October 2017
 1. Tuna mayo jacket potato with a selection of salad
 2. Cheesy pasta with a selection of salad
 Dessert - Fruits of the forest sponge cake

WEEK 5

Monday 2nd October 2017
 1. Brunch - sausages, bacon, hash brown & baked beans
 2. Vegetarian brunch, quorn sausage, hash brown & baked beans
 Dessert - Fruity fruit

Tuesday 3rd October 2017
 1. Cottage pie with peas
 2. Quorn pie with peas
 Dessert - Peaches & cream

Wednesday 4th October 2017
 1. Roast Gammon, Roast potatoes & vegetables
 2. Roasted vegetable risotto with roast potatoes
 Dessert - Arctic roll

Thursday 5th October 2017
 1. Beef burgers in homemade bun & salad
 2. Bean & carrot burger in homemade bun & salad
 Dessert - Banana custard

Friday 26th May 2017
 1 Breded pullock, wedges & mixed vegetables
 2. Roasted vegetable parcels with wedges
 Dessert - Chocolate sultana tiffin

Roast

HOT MEAL ORDER FORM						
Child's Name:						
Class:						
I wish to order lunches for my child at £2.75 per day for the following days:-						
	MON	TUE	WED	THURS	FRI	
Week Commencing: 4th Sep						
Week Commencing: 11th Sep						
Week Commencing: 18th Sep						
Week Commencing: 25th Sep						
Week Commencing: 2nd Oct						
Week Commencing: 9th Oct						
Monday Commencing: 16th Oct						
Please tick appropriate boxes						
Additional information ~						
Total meals ordered = x £2.75 =						
Minus 10% if ordering for the full 7 weeks						
I enclose £..... as payment for lunches.						
Please make cheques payable to: Portesham Primary School. Thank you.						
Signed: _____ (parent/guardian)						